



BECOME A VOLUNTEER!

You love our local meat, dairy, produce & eggs, our artisan & fair trade products, our low-salt, low-sugar, gluten-free & vegetarian/vegan foods, our unique handcrafted items, our coffee, deli & café treats. But you may be missing out on one more thing to love about Mohawk Harvest Cooperative Market ... the opportunity to volunteer.

Sharing your time, energy and talents with Mohawk Harvest means investing in the continuing revitalization of a valued community resource, while socializing with like-minded friends and neighbors in an enjoyable environment. It could also mean earning additional discounts when you shop!

Mohawk Harvest offers volunteer opportunities in these areas:

- Tidying shelves.
- Organizing and tidying storeroom.
- Packaging & stocking bulk dry goods (nuts, grains, etc.).
- Packaging & stocking cheeses.
- Checking expiration dates on dairy products.
- Culling past-its-prime produce.
- Prepping foods for use in the deli (e.g. chopping veggies).
- Promoting Mohawk Harvest via newsletter, social media & community events.
- Providing community outreach to local businesses & organizations.
- Creating "Take & Make" meals.
- Providing routine maintenance or repairs (e.g. cleaning windows, fixing leaky sinks).
- Completing one-shot group projects (e.g. painting a wall, moving shelving units).

Some volunteer opportunities may require a regular weekly or monthly time commitment, while others may consist of a single time-limited activity or event. If you'd like to learn more about this exciting opportunity, contact Vince DeSantis at vdesantis48@gmail.com